

P.E Overview of topics covered

Year Group	Autumn		Spring		Summer	
	1 <sup>st</sup> Half Term	2 <sup>nd</sup> Half Term	1 <sup>st</sup> Half Term	2 <sup>nd</sup> Half Term	1 <sup>st</sup> Half Term	2 <sup>nd</sup> Half Term
<b>N</b>  Nursery Cycle 2 Physical Development – PD 2016 – 2017	Traditional ring games - getting used to working together / following instructions and going in the hall.  Dance - Let's Move	Traditional ring games - getting used to working together / following instructions and going in the hall.  Dance - Let's Move	Mats and bench (gymnastics) also spatial awareness.  Dance - Let's Move: Toy adventure	Mats and bench (gymnastics) also spatial awareness.  Dance - Let's Move: Toy adventure	Sequencing movements - mats / benches and large apparatus.  Athletics	Sequencing movements - mats / benches and large apparatus.  Athletics
<b>N</b>  Nursery Cycle 1 Physical Development – PD 2017 – 2018	Traditional ring games - getting used to working together / following instructions and going in the hall.  Dance - Let's Move	Traditional ring games - getting used to working together / following instructions and going in the hall.  Dance - Let's Move	Mats and bench (gymnastics) also spatial awareness.  Dance - Let's Move: Space and 'Walking on the moon'.	Mats and bench (gymnastics) also spatial awareness.  Dance - Let's Move: Space and 'Walking on the moon'.	Sequencing movements - mats / benches and large apparatus.  Athletics and team games	Sequencing movements - mats / benches and large apparatus.  Athletics and team games

<p><b>R</b> Reception Cycle Physical Development – PD 2016 – 2017</p>	<p>Throwing and catching</p> <p>Dance - Let's Move Nursery Rhymes and also Diwali.</p> <p>Tennis - all term</p>	<p>Tennis -Throwing and catching</p> <p>Dance - Let's Move Nursery Rhymes and also Diwali.</p> <p>Tennis - all term</p>	<p>Let's Move - Toy adventure</p> <p>Mats and bench (gymnastics) also spatial awareness.</p> <p>Tennis - all term</p>	<p>Let's Move - Toy adventure</p> <p>Mats and bench (gymnastics) also spatial awareness.</p> <p>Tennis - all term</p>	<p>Sequencing movements - mats / benches and large apparatus.</p> <p>Athletics and team games</p> <p>Tennis - all term</p>	<p>Sequencing movements - mats / benches and large apparatus.</p> <p>Athletics and team games</p> <p>Tennis - all term</p>
<p><b>R</b> Reception Cycle 1 Physical Development – PD 2017 – 2018</p>	<p>Throwing and catching</p> <p>Dance - linked to After the storm (Percy the Park Keeper story) and Vivaldi 'The 4 Seasons'</p> <p>Tennis - all term</p>	<p>Throwing and catching</p> <p>Dance - linked to After the storm (Percy the Park Keeper story) and Vivaldi 'The 4 Seasons'</p> <p>Tennis - all term</p>	<p>Dance - knights, castles and dragons (Let's move)</p> <p>Mats and bench (gymnastics) also spatial awareness.</p> <p>Tennis - all term</p>	<p>Dance - knights, castles and dragons (Let's move)</p> <p>Mats and bench (gymnastics) also spatial awareness.</p> <p>Tennis - all term</p>	<p>Sequencing movements - mats / benches and large apparatus.</p> <p>Athletics and team games</p> <p>Tennis - all term</p>	<p>Sequencing movements - mats / benches and large apparatus.</p> <p>Athletics and team games</p> <p>Tennis - all term</p>
<p><b>1</b></p>	<p>Gymnastics</p> <p>Games – Running, jumping, throwing and catching</p>	<p>Gymnastics</p> <p>Games – Running, jumping, throwing and catching</p>	<p>Dance 1&amp;2</p> <p>Gymnastics</p>	<p>Dance 1&amp;2</p> <p>Games – Running, jumping, throwing and catching</p>	<p>Games – Running, jumping, throwing and catching</p> <p>Gymnastics</p>	<p>Rounders</p> <p>Dance</p>

<p><b>2</b></p>	<p>Gymnastics 1&amp;2 Games – Ball skills</p>	<p>Gymnastics 1&amp;2 Dance</p>	<p>Dance 1&amp;2 Gymnastics</p>	<p>Dance 1&amp;2 Games – Ball skills</p>	<p>Games 1&amp;2 Ball skills (barriers) and competitions Dance</p>	<p>Games 1&amp;2 Ball skills (barriers) and competitions Gymnastics</p>
<p><b>3</b></p>	<p>Gymnastics Games – Netball &amp; Tag Rugby</p>	<p>Gymnastics Dance</p>	<p>Gymnastics-Rhythmic Dance</p>	<p>Games – Tennis Games - Basketball</p>	<p>Athletics 1&amp;2 Outdoor &amp; Adventure</p>	<p>Athletics 1&amp;2 Rounders</p>
<p><b>4</b></p>	<p>Swimming Games – Netball &amp; Hockey</p>	<p>Swimming Dance</p>	<p>Swimming Gymnastics</p>	<p>Swimming Games – Football &amp; Tennis</p>	<p>Swimming Outdoor &amp; Adventure activities</p>	<p>Athletics Rounders</p>

<p><b>5</b></p>	<p>Games – Football Games - Hockey</p>	<p>Dance Gymnastics</p>	<p>Dance Gymnastics</p>	<p>Gymnastics Outdoor &amp; Adventure activities</p>	<p>Games - Cricket Athletics</p>	<p>Games – Cricket Games- Tennis</p>
<p><b>6</b></p>	<p>Games – Basketball Dance - Cheerleading</p>	<p>Circuit training Gymnastics</p>	<p>Gymnastics 1&amp;2 Dance – Line dancing</p>	<p>Gymnastics 1&amp;2 Games – Tennis</p>	<p>Games – Cricket Rounders</p>	<p>Swimming Rounders Outdoor &amp; Adventure activities</p>